

## ALL ABOUT ME

This fun, easy to read, rhyming story is all about a child's world and what they find in their home and in their life. All About Me helps kids to understand routines and schedules by reviewing a day in the life of a child and all the interesting parts that make up that day.

This book helps children to learn gratitude for what fills their life and what makes every day special and a reason to celebrate.

All About Me is also a fun way to encourage your kids to talk and learn words, by you pointing to pictures and asking them to say what they are; or suggesting an item and having them find the item on a page.

This book encourages children to talk to others and learn more about what fills their lives; discovering what is the same and what is different.

Benefits of this book for your children:

- Teaches respect for others
- Teaches to appreciate what they have and realize how fortunate they are to have them
- Teaches respect for their belongings and the belongings of others
- Teaches kindness for others
- Teaches a child to be grateful for their lives
- Develops curiosity, imagination and creativity
- Promotes love of family and home
- Enhances language development and cognitive skills
- Empowers children with the desire to always learn more
- Helps children to understand how much there is that fills up each day

After reading this book with your child, I encourage you to continue to find different things that you both can point out throughout your home, the park or on a walk together. Every experience is a learning opportunity for your child. Be sure to encourage conversation when you are together during all activities.

A fun way to use this book, is to create a scavenger hunt out of the things in this book or go a step further and create your own scavenger hunt for inside or outside play.

If they are talking, have them say what things are or if they're just starting to talk, repeat what something is and encourage them to repeat after you.

Discovering more about the world around them, creates a child that is inquisitive and welcomes learning about new things every day.

Connect with Celia at: [beabetterparent.com](http://beabetterparent.com) | [dayofcalm.org](http://dayofcalm.org)  
[celiakibler.com](http://celiakibler.com) | [funfit.com](http://funfit.com) | [celia@beabetterparent.com](mailto:celia@beabetterparent.com)

# ALL ABOUT ME!



Author

**Celia Kibler**

Illustrator

**Rocio Monroy**